

*Happy New Year to the Members and Friends*  
**All Souls Unitarian Universalist Church.**

**Wednesday January 1st**

**1. In Search of Sacred Time Jan 5th**

**2. Discussion Hour Jan 5th Sunrise Tai Chi January 12th**

**3. New Building Code January 1<sup>st</sup> Weekly Post**



**Sunday, 10:30 am: January 5th, 2020**

# **In Search of Sacred Time**

Led by

**Pastor Marty Pelham**



We cannot possess time as we do space and material objects. We can only engage with time at each moment, but we do have choices in how we engage with it. What is sacred time and how can we experience it?

**YOUR PRESENCE MAKES ALL THE DIFFERENCE AT ALL SOULS**

We miss you when you are away and  
we feel enlivened by your return.

# Discussion Hour

## Introductory Unitarian Universalism

The first Sunday every month the discussion hour focuses on the basics of Unitarian Universalism itself, so especially if you are new to the congregation this is a good time to participate. The discussion may be stimulated by [this high quality video](#) and [this one](#). Old hands can help teach.

**Discussion hour starts in the informal lounge at 9:30 each Sunday and lasts until 10:15**

Our current common read is

[The Indigenous People's History of the United States](#) which we will be discussing on 2nd Sundays.

Check the All Souls website for [the complete schedule](#)

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## Hospitality Volunteers

**January 5th**

Coffee Host=Jon and Karen Hall, Greeter=Bob Radke

**January 12th**

Coffee Host=???, Greeter=Paula Trainham,

**January 19th**

Coffee Host=Janine LaClair, Greeter=Anita Lee & Wendy Wynn,

**January 26th**

Coffee Host=???, Greeter=???,

**February 2nd**

Coffee Host=???, Usher=???, Greeter=???

*Positions as Coffee Host and Greeter are still open. Sign up soon before they're gone.*

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## Tai Chi

Veronica Hartman will be leading sunrise Tai Chi instruction (she calls it "play") before church on Sunday mornings again. This was originally planned to start on January 5th but her vacation in Maine has been extended so it will start on January 12th instead. Show up and sign up at 9:00 am. This time there may be some learning of a form that is often called the ["Yang 24."](#)

## Building Access Code

The Building Access Code for the STAT Alarm System is changing on January 1<sup>st</sup>. If you are authorized to know it you have been notified.  
Don't forget.

## Weekly Post

The weekly post has been "bouncing" a lot lately, and there have been complaints of it not being received. Dividing the mailing list up into smaller groups has helped, but we still get responses from the Mailer Daemon that list the numerous recipients the email couldn't be sent to. During the recent problems with the plumbing, messages in plain text were being sent out to the whole mailing list by multiple people and they didn't seem to experience the same problem. Our theory is that the size of the attachment may be part of the problem. Last week the post included only one picture so the attachment was smaller and there were no bounces. This is puzzling because when Reverend Guy used to do the weekly post it often ran to several megabytes, as does the newsletter. Nevertheless, there will be fewer illustrations now, which means all variety must come from experimenting with fonts!



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### Current Needs

You are encouraged to bring canned food items to Sunday services. These donations will be shared with the Urban Mission in support of their local work.

### Do You Know Someone Who Might Benefit From Receiving This Email?

#### Feel Empowered To Share & Forward This Message

1330 Gotham Street  
Watertown, NY 13601  
(315) 788-2742

email: [allsoulsuuchurch@gmail.com](mailto:allsoulsuuchurch@gmail.com)

The Weekly Post (formerly the Shepherd's Post) is sent out every Wednesday at noon. It serves as a reminder of immediate events rather than a general purpose Church Newsletter. Please submit items for the Weekly Post to the office, [allsoulsuuchurch@gmail.com](mailto:allsoulsuuchurch@gmail.com) or to Robert South, [tholish@verizon.net](mailto:tholish@verizon.net). Submissions received after 9 AM on Wednesday morning may or may not make it.